

25 QUESTIONS THAT CAN DRAMATICALLY IMPROVE YOUR RELATIONSHIPS

1. What do I say or have said in the past that you have appreciated the most?
2. What do I say or have said in the past that makes you uncomfortable?
3. How do you argue or disagree most effectively?
4. What disagreement approaches won't work well between us?
5. What happens if we can't agree on something important that involves both of us?
6. What should I never say to you, even in frustration?
7. What might I say or do to get your attention about something urgent if other approaches haven't worked?
8. How might we take responsibility for our own communication and actions, rather than blaming one another?
9. How long are we in this type or stage of relationship for?
10. How might our relationship evolve and change over time?
11. How much room or license do we have to ask each other to change?
12. What will be the early warning signs that our relationship is in trouble?
13. What can I do to make your day?
14. How do you like to receive both positive and constructive feedback?
15. What are your "hot buttons"?
16. What can you say to me before I've set you off?
17. How would you like me to remind you about my "hot buttons"?
18. What's the biggest lesson I might be able to learn from you?
19. What's the biggest lesson you think you can learn from me?

20. Who do I remind you of?

21. What does that bring up for you?

22. What do we do if we're both having a bad day?

23. What happens if I get discouraged about our relationship?

24. What about our work together is likely to give us a recurring problem?

25. What about our work together is likely to change both of our lives for the better?